

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hoffmann Serge HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 200M MEDLEY WOMEN					Heat:4, starttime: 09:10
Heat: 4/4 Lane : 3 Athlete: METZEMAKERS LÉA					Q-time: 02:23:31
PB (50m pool): 02:23.31 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 02:22.04 SB: 02:24.16 Antwerpen 22/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.59	01:08.15	01:51.35	02:23.31	
	00:30.59	00:37.56	00:43.20	00:31.96	
					

Coach feedback:

Event number: 16: 100M FREESTYLE MEN					Heat:2, starttime: 09:15
Heat: 2/10 Lane : 2 Athlete: VAN BRUSSEL DYLANO					Q-time: 00:55:40
PB (50m pool): 00:55.40 Olympic Pool Wezenberg, Antwer 29/03/2025 PB (25m pool): 00:54.49 SB: 00:55.40 Olympic Pool Wezenberg, Antwer 29/03/2025					
	5 0 M	1 0 0 M			
PB	00:26.95	00:55.40			
	00:26.95	00:28.45			
					

Coach feedback:

Event number: 16: 100M FREESTYLE MEN					Heat:2, starttime: 09:15
Heat: 2/10 Lane : 3 Athlete: DESPALLIER DAAN					Q-time: 00:55:26
PB (50m pool): 00:55.26 Olympic Pool Wezenberg, Antwer 29/03/2025 PB (25m pool): 00:54.35 SB: 00:55.26 Olympic Pool Wezenberg, Antwer 29/03/2025					
	5 0 M	1 0 0 M			
PB	00:26.29	00:55.26			
	00:26.29	00:28.97			
					

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 16: 100M FREESTYLE MEN			Heat:2, starttime: 09:15
Heat: 2/10 Lane : 4 Athlete: HEYRMAN TIGO			Q-time: 00:55:24
PB (50m pool): 00:53.44 Antwerpen 28/07/2024			PB (25m pool): 00:52.93 SB: 00:55.24 Olympic Pool Wezenberg, Antwer 29
	5 0 M	1 0 0 M	
PB	no time	00:53.44	
	no time		
			

Coach feedback:

Event number: 16: 100M FREESTYLE MEN			Heat:3, starttime: 09:16
Heat: 3/10 Lane : 4 Athlete: NIJSKENS KAREL			Q-time: 00:54:53
PB (50m pool): 00:54.53 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 00:54.71 SB: 00:54.53 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:26.65	00:54.53	
	00:26.65	00:27.88	
			

Coach feedback:

Event number: 16: 100M FREESTYLE MEN			Heat:4, starttime: 09:18
Heat: 4/10 Lane : 2 Athlete: RAVELINGIEN TIBE			Q-time: 00:54:32
PB (50m pool): 00:54.32 Zwembad Brigitte Becue 26/04/2026			PB (25m pool): 00:54.80 SB: 00:54.32 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:26.28	00:54.32	
	00:26.28	00:28.04	
			

Coach feedback:

Event number: 16: 100M FREESTYLE MEN			Heat:5, starttime: 09:19
Heat: 5/10 Lane : 5 Athlete: VOLDERS ARNE			Q-time: 00:53:76
PB (50m pool): 00:53.76 Antwerpen 27/07/2025			PB (25m pool): 00:52.37 SB: 00:54.45 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:25.83	00:53.76	
	00:25.83	00:27.93	
			

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 16: 100M FREESTYLE MEN			Heat:6, starttime: 09:21
Heat: 6/10 Lane : 5 Athlete: KINDT LEVI			Q-time: 00:53:36
PB (50m pool): 00:53.36 Antwerpen 22/03/2026			PB (25m pool): 00:52.11 SB: 00:53.36 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:25.51	00:53.36	
	00:25.51	00:27.85	
			

Coach feedback:

Event number: 16: 100M FREESTYLE MEN			Heat:6, starttime: 09:21
Heat: 6/10 Lane : 7 Athlete: VERVLOET RUWEN			Q-time: 00:53:54
PB (50m pool): 00:53.54 Antwerpen 27/07/2025			PB (25m pool): 00:52.25 SB: 00:54.52 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:25.39	00:53.54	
	00:25.39	00:28.15	
			

Coach feedback:

Event number: 16: 100M FREESTYLE MEN			Heat:6, starttime: 09:21
Heat: 6/10 Lane : 8 Athlete: VANHAMEL YONAS			Q-time: 00:53:58
PB (50m pool): 00:53.58 Antwerpen 27/04/2025			PB (25m pool): 00:52.21 SB: 00:53.91 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:25.37	00:53.58	
	00:25.37	00:28.21	
			

Coach feedback:

Event number: 16: 100M FREESTYLE MEN			Heat:7, starttime: 09:22
Heat: 7/10 Lane : 4 Athlete: LAVDANITI ZHULIAN XHOI			Q-time: 00:52:88
PB (50m pool): 00:52.70 ANTWERPEN 23/04/2023			PB (25m pool): 00:51.47 SB: 00:52.88 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	00:52.70	
	no time		
			

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 16: 100M FREESTYLE MEN			Heat:7, starttime: 09:22
Heat: 7/10 Lane : 7 Athlete: BRACKE ERNO			Q-time: 00:53:03
PB (50m pool): 00:53.03 Antwerpen 27/07/2025			PB (25m pool): 00:51.31 SB: 00:53.04 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:25.44	00:53.03	
	00:25.44	00:27.59	
			

Coach feedback:

Event number: 16: 100M FREESTYLE MEN			Heat:8, starttime: 09:24
Heat: 8/10 Lane : 4 Athlete: LAMMENS SEPPE			Q-time: 00:50:20
PB (50m pool): 00:50.20 Antwerpen 22/03/2026			PB (25m pool): 00:48.81 SB: 00:50.20 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:23.71	00:50.20	
	00:23.71	00:26.49	
			

Coach feedback:

Event number: 16: 100M FREESTYLE MEN			Heat:9, starttime: 09:25
Heat: 9/10 Lane : 4 Athlete: VAN HOOYDONCK VINCENT			Q-time: 00:49:90
PB (50m pool): 00:49.90 Antwerpen 27/07/2025			PB (25m pool): 00:48.43 SB: 00:50.00 Olympic Pool Wezenberg, Antwer 29
	5 0 M	1 0 0 M	
PB	00:23.66	00:49.90	
	00:23.66	00:26.24	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN			Heat:2, starttime: 09:31
Heat: 2/8 Lane : 1 Athlete: TALBOOM LIES			Q-time: 01:22:29
PB (50m pool): 01:22.29 Antwerpen 22/03/2026			PB (25m pool): 01:19.21 SB: 01:22.29 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:37.96	01:22.29	
	00:37.96	00:44.33	
			

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 17: 100M BREASTSTROKE WOMEN			Heat:3, starttime: 09:33
Heat: 3/8 Lane : 6 Athlete: TALBOOM MAJA			Q-time: 01:20:35
PB (50m pool): 01:20.35 Antwerpen 08/03/2026			PB (25m pool): 01:21.00 SB: 01:20.35 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:38.01	01:20.35	
	00:38.01	00:42.34	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN			Heat:4, starttime: 09:35
Heat: 4/8 Lane : 8 Athlete: STREEP FLO			Q-time: 01:20:11
PB (50m pool): 01:20.11 Wezenberg 01/02/2026			PB (25m pool): 01:17.93 SB: 01:20.11 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:35.78	01:20.11	
	00:35.78	00:44.33	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN			Heat:5, starttime: 09:37
Heat: 5/8 Lane : 4 Athlete: FATIH AYA			Q-time: 01:17:89
PB (50m pool): 01:17.37 Lago Gent Rozebroeken 03/05/2026			PB (25m pool): 01:14.98 SB: 01:17.37 Lago Gent Rozebroeken 03/05/2026
	5 0 M	1 0 0 M	
PB	00:35.69	01:17.37	
	00:35.69	00:41.68	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN			Heat:6, starttime: 09:39
Heat: 6/8 Lane : 5 Athlete: DHOOGHE KATIA			Q-time: 01:12:35
PB (50m pool): 01:12.35 Antwerp 09/02/2025			PB (25m pool): 01:11.18 SB: 01:13.74 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:33.36	01:12.35	
	00:33.36	00:38.99	
			

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 17: 100M BREASTSTROKE WOMEN				Heat:7, starttime: 09:41	
Heat: 7/8 Lane : 8 Athlete: MOR IRIS				Q-time: 01:17:49	
PB (50m pool): 01:17.49 Antwerpen 22/03/2026				PB (25m pool): 01:17.47 SB: 01:17.49 Antwerpen 22/03/2026	
	5 0 M	1 0 0 M			
PB	00:36.52	01:17.49			
	00:36.52	00:40.97			
					

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN				Heat:8, starttime: 09:42	
Heat: 8/8 Lane : 6 Athlete: LEPAGE AMÉLIE				Q-time: 01:13:42	
PB (50m pool): 01:13.42 Antwerpen 22/03/2026				PB (25m pool): 01:10.96 SB: 01:13.42 Antwerpen 22/03/2026	
	5 0 M	1 0 0 M			
PB	00:33.79	01:13.42			
	00:33.79	00:39.63			
					

Coach feedback:

Event number: 18: 200M BUTTERFLY MEN					Heat:2, starttime: 09:48	
Heat: 2/4 Lane : 3 Athlete: SZABO PETER					Q-time: 02:09:94	
PB (50m pool): 02:09.94 Antwerpen 22/03/2026					PB (25m pool): 02:09.46 SB: 02:09.94 Antwerpen 22/03/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:27.98	01:00.47	01:34.32	02:09.94		
	00:27.98	00:32.49	00:33.85	00:35.62		
						

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN				Heat:1, starttime: 09:57	
Heat: 1/8 Lane : 4 Athlete: VAN LAARHOVEN ALESSIA				Q-time: 00:31:10	
PB (50m pool): 00:31.10 Antwerpen 22/03/2026				PB (25m pool): 00:31.76 SB: 00:31.10 Antwerpen 22/03/2026	
	5 0 M				
PB	00:31.10				
	00:31.10				
					

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 19: 50M BUTTERFLY WOMEN				Heat:3, starttime: 09:59			
Heat: 3/8 Lane : 3 Athlete: TEMMERMAN ELYNNE				Q-time: 00:30:25			
PB (50m pool): 00:30.25 Antwerpen 19/04/2026				PB (25m pool): 00:30.20 SB: 00:30.25 Antwerpen 19/04/2026			
	5 0 M						
PB	00:30.25						
	00:30.25						
							

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN				Heat:4, starttime: 10:01			
Heat: 4/8 Lane : 5 Athlete: BROECKAERT NOA				Q-time: 00:29:76			
PB (50m pool): 00:29.54 Zwembad Brigitte Becue 26/04/2026				PB (25m pool): 00:29.56 SB: 00:29.54 Zwembad Brigitte Becue 26/04/2026			
	5 0 M						
PB	00:29.54						
	00:29.54						
							

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN				Heat:5, starttime: 10:02			
Heat: 5/8 Lane : 4 Athlete: MAEREVOET MARIE				Q-time: 00:29:29			
PB (50m pool): 00:29.22 Antwerpen 28/07/2024				PB (25m pool): 00:28.79 SB: 00:30.07 Luxembourg 01/02/2026			
	5 0 M						
PB	00:29.22						
	00:29.22						
							

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN				Heat:5, starttime: 10:02			
Heat: 5/8 Lane : 5 Athlete: GENBRUGGE ÉLÉA				Q-time: 00:29:30			
PB (50m pool): 00:29.30 Antwerpen 22/03/2026				PB (25m pool): 00:29.77 SB: 00:29.30 Antwerpen 22/03/2026			
	5 0 M						
PB	00:29.30						
	00:29.30						
							

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 19: 50M BUTTERFLY WOMEN			Heat:5, starttime: 10:02
Heat: 5/8 Lane : 6 Athlete: VAN DEN WYNGAERT ELIZABETH			Q-time: 00:29:45
PB (50m pool): 00:29.45 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 00:28.67 SB: 00:29.45 Zwembad Brigitte Becue 26/04/2026			
	5 0 M		
PB	00:29.45		
	00:29.45		
			

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN			Heat:7, starttime: 10:04
Heat: 7/8 Lane : 3 Athlete: BROECKAERT NOOR			Q-time: 00:28:17
PB (50m pool): 00:28.17 Antwerpen 22/03/2026 PB (25m pool): 00:28.77 SB: 00:28.17 Antwerpen 22/03/2026			
	5 0 M		
PB	00:28.17		
	00:28.17		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN			Heat:5, starttime: 10:11
Heat: 5/9 Lane : 3 Athlete: DESPALLIER DAAN			Q-time: 00:31:10
PB (50m pool): 00:31.10 Antwerpen 19/04/2026 PB (25m pool): 00:31.13 SB: 00:31.10 Antwerpen 19/04/2026			
	5 0 M		
PB	00:31.10		
	00:31.10		
			

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN			Heat:7, starttime: 10:13
Heat: 7/9 Lane : 1 Athlete: METZEMAKERS NOA			Q-time: 00:30:24
PB (50m pool): 00:30.24 Wezenberg 01/02/2026 PB (25m pool): 00:29.97 SB: 00:30.24 Wezenberg 01/02/2026			
	5 0 M		
PB	00:30.24		
	00:30.24		
			

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 20: 50M BREASTSTROKE MEN				Heat:7, starttime: 10:13	
Heat: 7/9 Lane : 7 Athlete: CALLEWAERT NIELS				Q-time: 00:30:05	
PB (50m pool): 00:29.56 ANTWERPEN 30/07/2023				PB (25m pool): 00:29.15 SB: 00:30.72 Wezenberg 01/02/2026	
	5 0 M				
PB	00:29.56				
	00:29.56				
					

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN				Heat:8, starttime: 10:14	
Heat: 8/9 Lane : 3 Athlete: MENNEN RUBEN				Q-time: 00:28:76	
PB (50m pool): 00:28.76 Olympic Pool Wezenberg, Antwer 29/03/2026				PB (25m pool): 00:28.88 SB: 00:28.76 Olympic Pool Wezenberg, Antwer 29/03/2026	
	5 0 M				
PB	00:28.76				
	00:28.76				
					

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN				Heat:9, starttime: 10:15	
Heat: 9/9 Lane : 2 Athlete: VERVLOET RUWEN				Q-time: 00:29:33	
PB (50m pool): 00:29.33 Antwerpen 22/03/2026				PB (25m pool): 00:28.99 SB: 00:29.33 Antwerpen 22/03/2026	
	5 0 M				
PB	00:29.33				
	00:29.33				
					

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN					Heat:2, starttime: 10:21	
Heat: 2/4 Lane : 4 Athlete: BROECKAERT NOOR					Q-time: 02:19:38	
PB (50m pool): 02:19.38 Antwerpen 27/04/2025					PB (25m pool): 02:14.34 SB: 02:20.05 Lago Gent Rozebroeken 03/05/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:32.04	01:07.81	01:44.11	02:19.38		
	00:32.04	00:35.77	00:36.30	00:35.27		
						

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 21: 200M BACKSTROKE WOMEN					Heat:3, starttime: 10:24
Heat: 3/4 Lane : 7 Athlete: KELDERMAN FRAN					Q-time: 02:27:77
PB (50m pool): 02:27.77 Antwerpen 27/07/2025					PB (25m pool): 02:21.52 SB: 02:30.25 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.43	01:11.91	01:50.07	02:27.77	
	00:34.43	00:37.48	00:38.16	00:37.70	
					

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN					Heat:3, starttime: 10:24
Heat: 3/4 Lane : 8 Athlete: TEMMERMAN ELYNNE					Q-time: 02:30:26
PB (50m pool): 02:30.50 Antwerpen 22/03/2026					PB (25m pool): 02:27.59 SB: 02:30.50 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:10.75	no time	02:30.50	
	no time				
					

Coach feedback:

Event number: 21: 200M BACKSTROKE WOMEN					Heat:4, starttime: 10:28
Heat: 4/4 Lane : 6 Athlete: HEIJL OLIVIA					Q-time: 02:24:55
PB (50m pool): 02:24.55 Antwerpen 27/07/2025					PB (25m pool): 02:20.67 SB: 02:24.57 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.89	01:10.06	01:47.48	02:24.55	
	00:33.89	00:36.17	00:37.42	00:37.07	
					

Coach feedback:

Event number: 22: 50M BACKSTROKE MEN					Heat:4, starttime: 10:36
Heat: 4/7 Lane : 7 Athlete: NOLLET ROBBE					Q-time: 00:29:14
PB (50m pool): 00:29.14 Antwerpen 27/04/2025					PB (25m pool): 00:27.92 SB: 00:29.30 Olympic Pool Wezenberg, Antwer 29
	5 0 M				
PB	00:29.14				
	00:29.14				
					

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 22: 50M BACKSTROKE MEN			Heat:6, starttime: 10:39
Heat: 6/7 Lane : 2 Athlete: VOLDERS ARNE			Q-time: 00:27:75
PB (50m pool): 00:27.75 Antwerpen 22/03/2026			PB (25m pool): 00:26.49 SB: 00:27.75 Antwerpen 22/03/2026
	5 0 M		
PB	00:27.75		
	00:27.75		
			

Coach feedback:

Event number: 22: 50M BACKSTROKE MEN			Heat:6, starttime: 10:39
Heat: 6/7 Lane : 7 Athlete: VANHAMEL YONAS			Q-time: 00:27:91
PB (50m pool): 00:27.91 Antwerpen 22/03/2026			PB (25m pool): 00:27.02 SB: 00:27.91 Antwerpen 22/03/2026
	5 0 M		
PB	00:27.91		
	00:27.91		
			

Coach feedback:

Event number: 22: 50M BACKSTROKE MEN			Heat:6, starttime: 10:39
Heat: 6/7 Lane : 8 Athlete: GORIS RUBEN			Q-time: 00:28:65
PB (50m pool): 00:28.65 Antwerpen 22/03/2026			PB (25m pool): 00:28.13 SB: 00:28.65 Antwerpen 22/03/2026
	5 0 M		
PB	00:28.65		
	00:28.65		
			

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN			Heat:1, starttime: 10:43
Heat: 1/9 Lane : 2 Athlete: STREEP FLO			Q-time: 01:02:34
PB (50m pool): 01:02.34 Antwerp 09/02/2025			PB (25m pool): 01:00.25 SB: 01:02.58 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:28.61	01:02.34	
	00:28.61	00:33.73	
			

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 23: 100M FREESTYLE WOMEN			Heat:2, starttime: 10:44
Heat: 2/9 Lane : 4 Athlete: BROECKAERT NOA			Q-time: 01:01:19
PB (50m pool): 01:01.19 Antwerpen 22/03/2026			PB (25m pool): 00:59.90 SB: 01:01.19 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:29.60	01:01.19	
	00:29.60	00:31.59	
			

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN			Heat:2, starttime: 10:44
Heat: 2/9 Lane : 6 Athlete: GENBRUGGE ÉLÉA			Q-time: 01:01:38
PB (50m pool): 01:01.38 Antwerpen 08/03/2026			PB (25m pool): 00:59.79 SB: 01:01.38 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:28.88	01:01.38	
	00:28.88	00:32.50	
			

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN			Heat:2, starttime: 10:44
Heat: 2/9 Lane : 7 Athlete: DHOOGHE KATIA			Q-time: 01:01:67
PB (50m pool): 01:01.67 Antwerp 09/02/2025			PB (25m pool): 01:01.56 SB: 01:02.14 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:29.88	01:01.67	
	00:29.88	00:31.79	
			

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN			Heat:3, starttime: 10:46
Heat: 3/9 Lane : 5 Athlete: FATIH AYA			Q-time: 01:00:94
PB (50m pool): 01:00.94 Mol 22/06/2025			PB (25m pool): 00:59.81 SB: 01:01.09 Olympic Pool Wezenberg, Antwer 29
	5 0 M	1 0 0 M	
PB	00:29.27	01:00.94	
	00:29.27	00:31.67	
			

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 23: 100M FREESTYLE WOMEN			Heat:3, starttime: 10:46
Heat: 3/9 Lane : 6 Athlete: MAEREVOET MARIE			Q-time: 01:01:01
PB (50m pool): 00:58.96 Antwerpen 21/04/2024			PB (25m pool): 00:58.05 SB: 01:02.73 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	no time	00:58.96	
	no time		
			

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN			Heat:7, starttime: 10:52
Heat: 7/9 Lane : 3 Athlete: RAVELINGIEN LANA			Q-time: 00:56:55
PB (50m pool): 00:56.30 Antwerpen 12/02/2023			PB (25m pool): 00:55.38 SB: 00:56.55 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	no time	00:56.30	
	no time		
			

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN			Heat:8, starttime: 10:54
Heat: 8/9 Lane : 2 Athlete: METZEMAKERS LéA			Q-time: 00:57:82
PB (50m pool): 00:57.82 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 00:57.11 SB: 00:58.09 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:27.92	00:57.82	
	00:27.92	00:29.90	
			

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN			Heat:9, starttime: 10:55
Heat: 9/9 Lane : 2 Athlete: VAN DEN WYNGAERT ELIZABETH			Q-time: 00:57:80
PB (50m pool): 00:58.24 Antwerpen 27/07/2025			PB (25m pool): 00:56.65 SB: 00:58.45 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M	
PB	00:28.35	00:58.24	
	00:28.35	00:29.89	
			

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: BRABO

Event number: 24: 400M MEDLEY MEN							Heat:2, starttime: 11:03	
Heat: 2/2 Lane : 5 Athlete: METZEMAKERS NOA							Q-time: 04:39:25	
PB (50m pool): 04:39.25 Antwerpen 22/03/2026				PB (25m pool): 04:38.42 SB: 04:39.25 Antwerpen 22/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:28.20	01:03.07	01:42.09	02:21.01	02:58.34	03:37.50	04:09.16	04:39.25
	00:28.20	00:34.87	00:39.02	00:38.92	00:37.33	00:39.16	00:31.66	00:30.09
								

Coach feedback:

Event number: 25: 4x100M FREESTYLE MIXED							Heat:1, starttime: 11:09	
Heat: 1/1 Lane : 4 Athlete: TEAM BRABO 1							Q-time: 03:34:47	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: